



Life

30



**YEARS OF SERVING
HUMANITY**

2023 ANNUAL NEWSLETTER

LIFE VOTED

#3 BEST CHARITY

FOR HUMANITARIAN AID

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LETTER FROM THE CEO



The future is bright, thanks to you. Your generosity brought the world back to life after such trying times. As our communities opened back up this year, you have helped us to accomplish so much, and we are incredibly grateful.

This year, LIFE sent millions of dollars' worth of medical supplies and equipment to countries worldwide. Medical supplies were sent to Afghanistan, Gambia, Ghana, Lebanon, Mali, Mauritania, Pakistan, Sierra Leone, Senegal, Somaliland, and the Ukraine benefiting thousands. An oxygen station was installed in Yemen, and sensory rooms for children with attention deficit disorder were built in Palestine and Pakistan.

Hundreds of hearing aids were installed in the U.S. states of Florida, Maine, and Arizona and internationally in Jordan, Mexico, Zambia, South Africa, and Guatemala.

LIFE aided the people of Somalia in one of the worst droughts recorded by sending 1,440 food baskets to individuals and families in need. LIFE provided emergency relief to families affected by the Gaza emergency, earthquakes in Indonesia and Afghanistan, and the floods in Senegal, Gambia, Ivory Coast, Sri Lanka, Uganda, Yemen, Afghanistan, Nigeria, and Pakistan. We provided sponsorship for over 11,000 orphans in 17 countries. Food aid was sent to families worldwide and families affected by the Marshall Fire in Colorado, as well as winter relief was sent to families in Eastern Europe and the Middle East.

LIFE gave out medical student scholarships in the West Bank and student bursaries to disadvantaged post-secondary students in Syria. Backpacks filled with school supplies were sent to children in need in 32 countries. Computer lab equipment was donated to a school in Bosnia. A Syrian school had its operational costs covered, as well as brand new classrooms built to combat the overcrowding in the school. We gave gently used furniture to individuals, schools, and organizations in need in different states across the U.S.

A total of 4,674,440 people were fed during Ramadan, and tens of thousands of individuals were fed hot Iftar meals. Fresh meat was distributed to over 80,000 individuals during Eid Al-Adha in 25 countries. LIFE built 278 Water Wells in 18 countries, and 250 families can drink clean water from the water tanks installed in Gaza homes this year.

Your help and caring, past, present, and future, is inspiring. Thank you for helping us to achieve so much. We look forward to embracing the year ahead with your continued support and, together, giving back to those who need it most.

Hany Saqr, M.D., Ph.D.,
President & Chief Executive Director
LIFE for Relief and Development

About Life

Life for Relief and Development is a global humanitarian relief and development organization, headquartered in Southfield, Michigan, USA. As a registered 501(c)(3) non-profit organization (EIN 95-4402149). Life is in Consultative Status with the Economic and Social Council of the United Nations and has offices in Afghanistan, Ghana, Haiti, Iraq, Jordan, Kenya, Malaysia, Sierra Leone, Somaliland, UAE, the U.S., Yemen and the West Bank and Gaza (through its office in Israel).

Over the past 30 years, Life has distributed over \$548.4 million in humanitarian aid and relief to 55 countries.. In response to poverty, famine, social and economic turmoil, natural disasters, war, and other catastrophes, Life works to provide assistance to people across the globe by offering humanitarian services such as food aid, clean water, temporary shelter as well as healthcare and education.



MEDICAL SUPPLIES OVER \$8.5 MILLION WORTH OF SUPPLIES DISTRIBUTED

LIFE's medical supplies to Sierra Leone, Lebanon, and Mali benefitted thousands of people this year. Each country was sent what it needed. Sierra Leone and Mali received large containers of medical supplies and equipment filled with oxygen compressors, face masks, hand gloves, wheel, and sitting chairs, drip stands, syringes, and much more. Lebanon received three hundred boxes of thalassemia medication. Patients and medical practitioners were overwhelmed with gratitude for the much-needed help.

SENEGAL



SIERRA LEONE



MALI



MEDICAL SUPPLIES: YEMEN

An oxygen station was installed in Al Ta'awun Hospital in Taiz, Yemen. This hospital was outfitted with an oxygen cylinder filling unit and needed accessories. This addition to hospitals has reduced deaths from respiratory illness and eased many patients' suffering in Yemen.



HOSPITAL ASSISTANCE: AFGHANISTAN

Life for Relief and Development donated food supplies to hospital staff and patients in Kama Hospital, Afghanistan. This project provided a large amount of food periodically throughout the year. So far, five hundred and fifty-one hospital staff, patients, and their families have been fed through the Kama Hospital Food Distribution Project.

HEAR THE CALL 2022

LIFE's hearing aid projects aim to help those in need with hearing disabilities by providing free ear checks and hearing aids to people in various communities. This past year, LIFE distributed hundreds of hearing aids in the U.S. to Florida, Maine, Arizona, and internationally, to Jordan, Mexico, Zambia, South Africa, and Guatemala.



FLORIDA



JORDAN

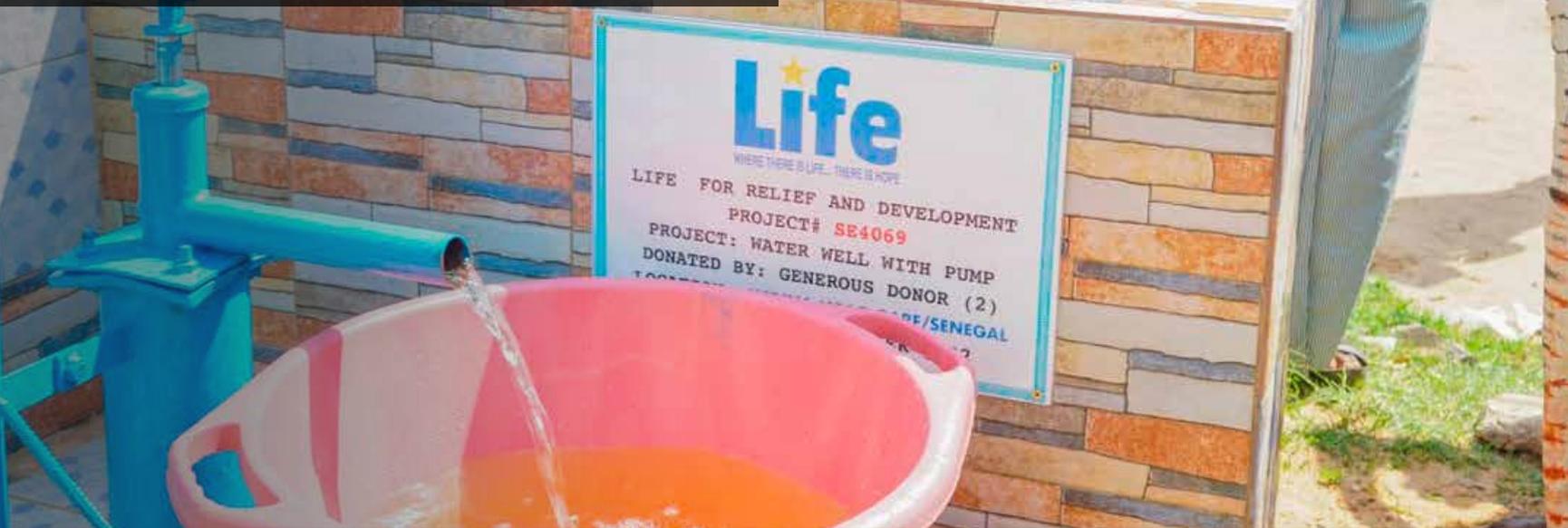


MEXICO

CLEAN WATER

278 WELLS BUILT IN 2022

LIFE has built 278 Water Wells in 18 different countries. Our commitment to clean water has made stronger, healthier families, creating more robust and resilient communities.





GHANA



AFGHANISTAN



SIERRA LEONE



SOMALIA



SENEGAL



BANGLADESH



MALI



ETHIOPIA



IRAQ



PAKISTAN

WATER TANKS IN GAZA

In Gaza, 90% of the water is undrinkable. Throughout the year, Life for Relief and Development installed water tanks in the homes of Gazan civilians. Over 250 families can drink clean water this year thanks to LIFE's generous donors.



EMERGENCY RELIEF

FLOOD RELIEF

In 2022, hundreds of thousands of people benefitted from the flood relief sent to Senegal, Gambia, Ivory Coast, Sri Lanka, Uganda, Yemen, Afghanistan, Nigeria, and Pakistan. Different kinds of essential aid were sent depending on the country's needs.



BANGLADESH



PAKISTAN

UGANDA



GAMBIA



YEMEN



SENEGAL

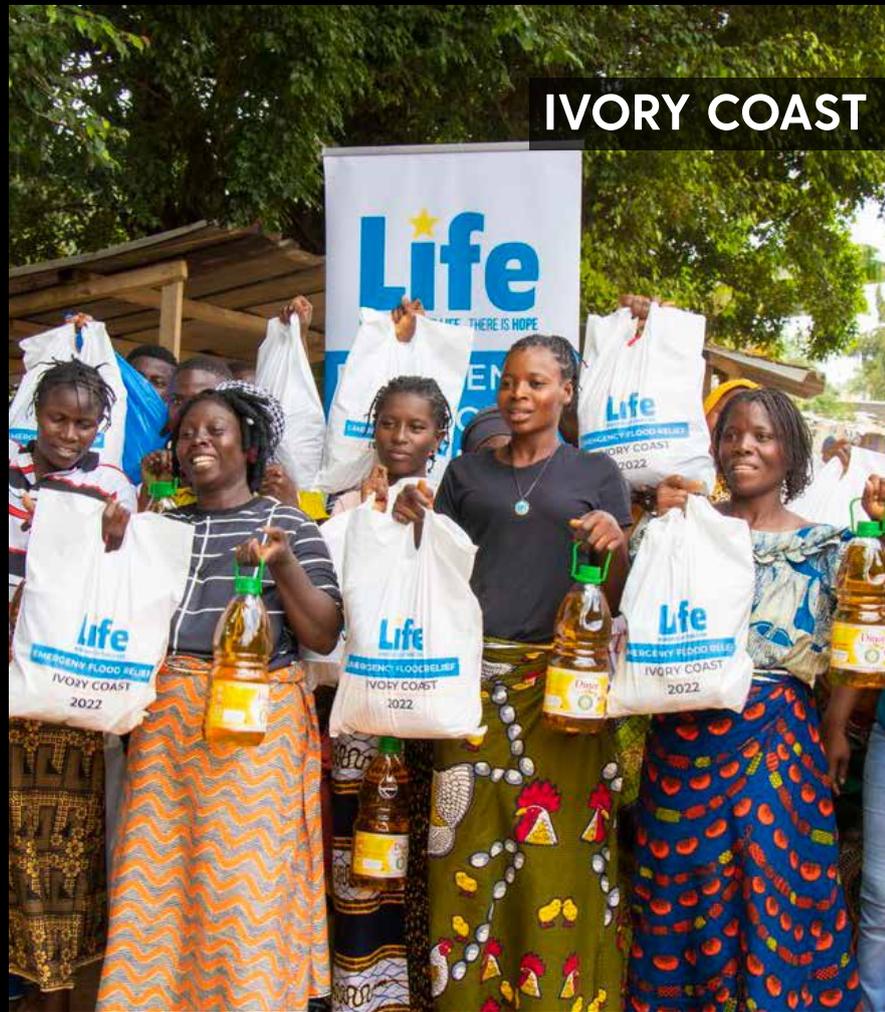


NIGERIA

SRI LANKA



IVORY COAST





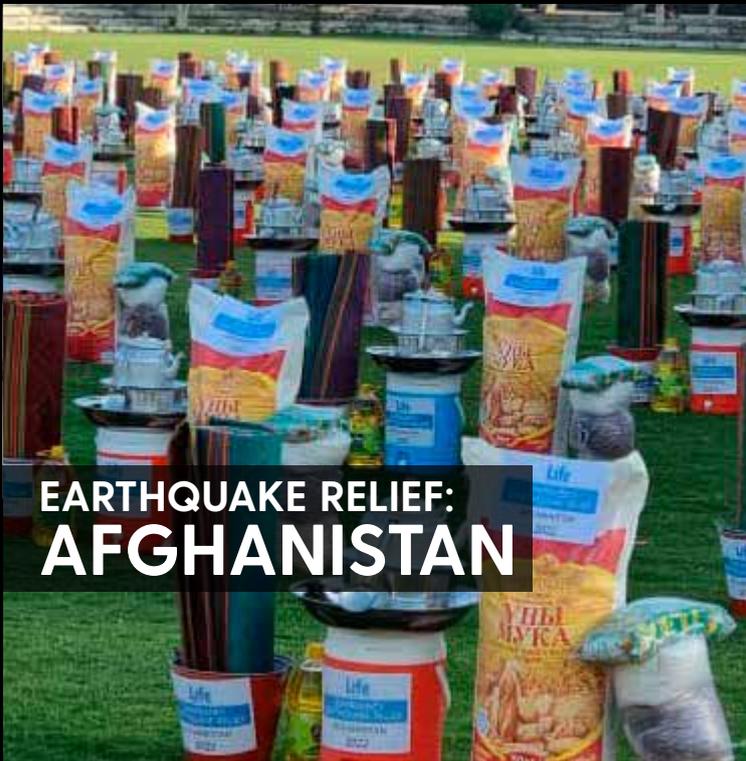
DROUGHT RELIEF: SOMALILAND

In response to Somaliland's drought, Life for Relief and Development donated 1,440 food baskets delivered from March 4 - 7th, 2022, in Ainbo town in Ainbo district, Somaliland. The food items distributed fed a family for one month.



EARTHQUAKE RELIEF: INDONESIA

Life for Relief and Development provided food and shelter to Indonesians after a devastating earthquake. Two hundred families received food packs and shelter kits from March 16 to 19, 2022. The food packs consist of rice, cereal, cooking oil, milk, flour, sugar, tea, egg noodles, and canned fish, a 10-day supply for a family. The shelter kits include mats, a large tarpaulin, ropes, and blankets.



EARTHQUAKE RELIEF: AFGHANISTAN

In the regions Paktika and Khost, where the earthquake hit, Life for Relief and Development gave each family flour, cooking oil, sugar, beans, macaroni, salt, a basin, a bucket, a teapot, a cooking pot, a cooler, and a cooking spoon. A total of 220 families or 1,100 individuals benefitted from this project.



MARSHALL FIRE: COLORADO

On its mission to provide for those in need, LIFE for Relief and Development donated \$1000 worth of gift cards to families affected by the Marshall Fire. The ability of the victims to choose to purchase what they need is crucial in helping them heal from such a traumatic event.



EMERGENCY RELIEF: HARGEISA FIRE

After the Hargeisa fire broke out on April 1st, 2022, in Waaheen, Somaliland's most significant business market, LIFE provided food baskets to affected families. A total of 114 families or 684 individuals, received food baskets that contained rice, sugar, oil, dates, powdered juice, beans, and flour.





GAZA

GAZA EMERGENCY RELIEF

In response to the intensified conflict in Gaza, Life for Relief and Development sent the suffering citizens of Gaza lifesaving aid and food baskets with essential food items like canned goods, legumes, and fresh bread. In addition, bedding (mattresses) was distributed to 100 families or 600 individuals in the Rafah Governorate, Khan Yunis Governorate, and North Gaza Governorate of the Gaza strip.



SCHOOL SUPPLIES DISTRIBUTION OVER 32 COUNTRIES

LIFE's Back-to-School project gives brand-new backpacks filled with school supplies to underprivileged children worldwide. This year, LIFE distributed school bags to students in 32 countries. For lower-income families, having school supplies can be the difference between getting or not getting an education.



AFGHANISTAN



BANGLADESH



BOSNIA



EGYPT

IRAQ



SIERRA LEONE



INDONESIA



GAMBIA



SENEGAL



YEMEN





SCHOLARSHIP: WEST BANK & SYRIA

Life for Relief and Development partnered with three universities in the West Bank and provided medical students with scholarships. In Syria, LIFE provided university scholarships to nine hundred and twelve disadvantaged students who met the financial needs criteria. Without the financial burden, students can focus and excel in their studies.



COMPUTER LAB: BOSNIA

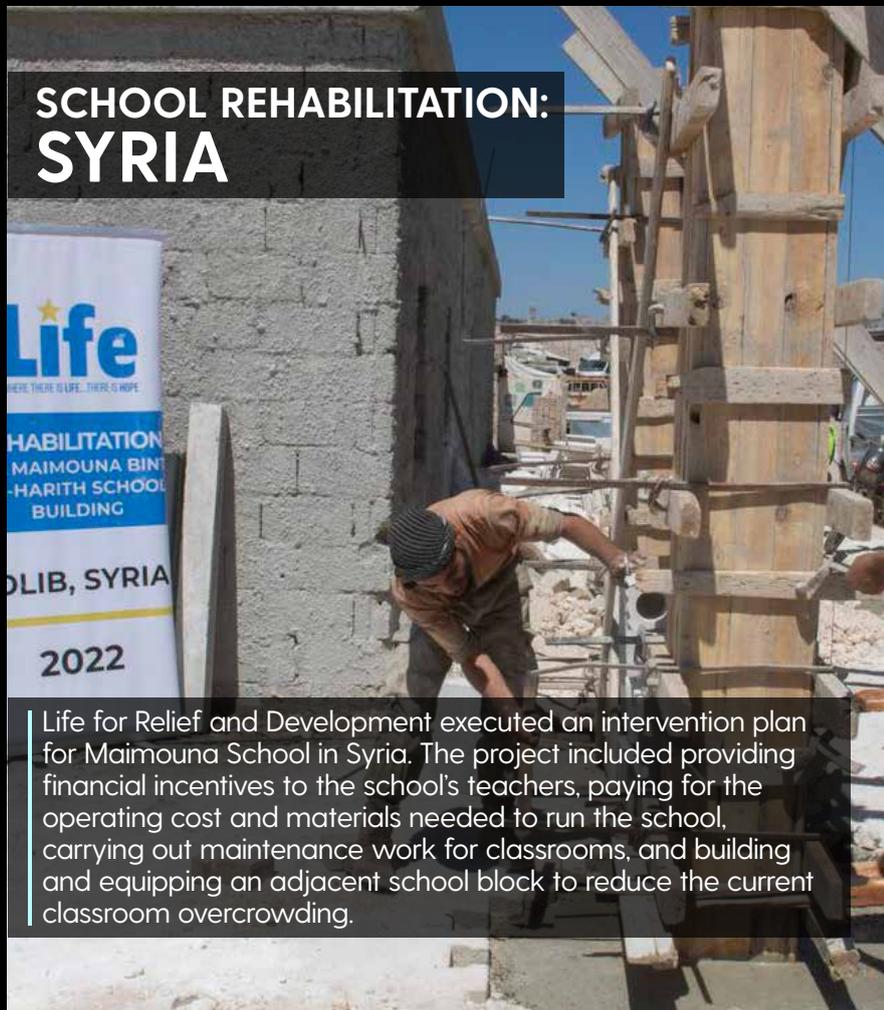
Life for Relief and Development donated twenty laptops, mice, headphones, and a motorized projector to a school in Bosnia. The Laptops and IT equipment have been installed in the school, and 300 students are thrilled to be using the technology in their classes. The gratitude expressed by the school and the students in attendance affirms how needed, and helpful the donation was.



SENSORY PLAYGROUND: PALESTINE

On March 7th, 2022, Life for Relief and Development gave a school for special needs in Jenin, Palestine, and a Complex in the Al-Mudassar village, Pakistan, much-needed equipment to create a beautiful, safe, and sensory-stimulating playground for all students. Much care was taken to create a space where children could play safely and comfortably.

SCHOOL REHABILITATION: SYRIA



A construction site for a school building in Syria. A man in a brown shirt and a striped beanie is working on a wooden structure. In the background, there is a concrete wall and a sign that reads "Life for Relief and Development" and "Maimouna Bin Harith School Building".

Life
HERE THERE IS LIFE... THERE IS HOPE

REHABILITATION
MAIMOUNA BIN
HARITH SCHOOL
BUILDING

OLIB, SYRIA

2022

Life for Relief and Development executed an intervention plan for Maimouna School in Syria. The project included providing financial incentives to the school's teachers, paying for the operating cost and materials needed to run the school, carrying out maintenance work for classrooms, and building and equipping an adjacent school block to reduce the current classroom overcrowding.



COMMUNITY DEVELOPMENT

Life for Relief and Development (LIFE), Furniture Reuse Solutions (FRS), Habitat for Humanity (HFH), and other esteemed not-for-profit organizations gave gently used furniture to individuals and organizations in need. This ongoing collaboration has seen millions of dollars in revenue for organizations in partnership with LIFE. The funds allow charities to build homes for needy families and sustain life-changing programs in the United States.



KANSAS

Life
WHERE THERE IS LIFE... THERE IS HOPE

Life

MISSOURI

COLORADO

Life
FURNITURE DONATION
NEARVEST MINISTRIES

CALIFORNIA

OKLAHOMA

Life
FURNITURE DONATION
LIFT MINISTRIES
MCLOUD, OK
2022



SPORTS FIELD: IRAQ

Life for Relief and Development revitalized a deteriorating sports field in Akito and Shalama schools in the Ainkawa District in Erbil. After a clean-up of the space, basketball and volleyball courts were installed, and fences were repainted to complete the transformation. Sports equipment and sportswear were also provided. About 1000 students will benefit from this rehabilitation project.

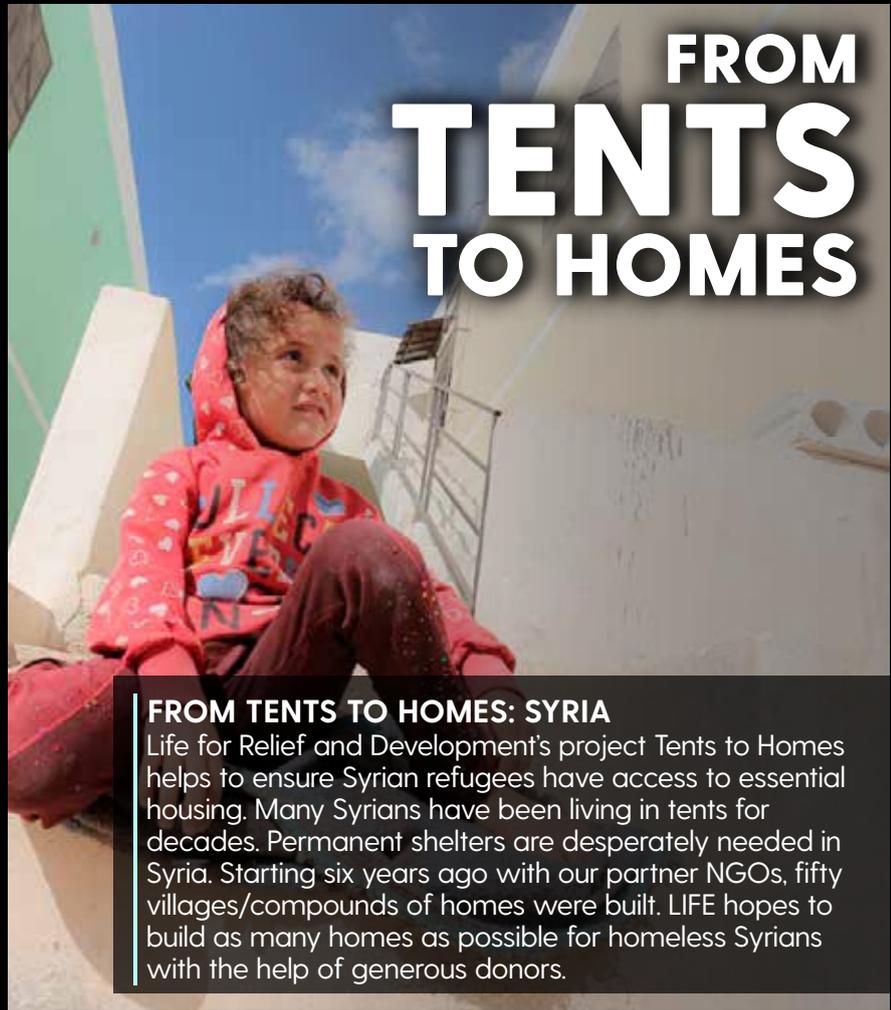
SCHOOL CONSTRUCTION: SYRIA

LIFE's commitment to encouraging education led them to construct a school building in Turkmanbareh, Syria. The goal was to have a building ready for the 2022-2023 school year, and as the building was completed on September 15th 2022, just in time for the school year to begin.





FROM TENTS TO HOMES



FROM TENTS TO HOMES: SYRIA

Life for Relief and Development's project Tents to Homes helps to ensure Syrian refugees have access to essential housing. Many Syrians have been living in tents for decades. Permanent shelters are desperately needed in Syria. Starting six years ago with our partner NGOs, fifty villages/compounds of homes were built. LIFE hopes to build as many homes as possible for homeless Syrians with the help of generous donors.



ORPHAN SPONSORSHIP

Over 10,000 Orphans Sponsored

Orphan sponsorship is needed now more than ever. As conflict and scarcity through natural disasters and health emergencies increase, so does the number of orphans worldwide. LIFE has set down roots, with offices worldwide dedicated to helping and providing for orphans. The orphan sponsorship program this past year has provided orphans with food, clothing, shelter, education, and healthcare in 17 countries.

Iraq | Afghanistan | Ghana | Ethiopia | Syria | Lebanon | Palestine | Jordan | Kenya | Haiti | Mali | Sierra Leone | Yemen | Somalia | Sri Lanka | Bangladesh | Senegal

IRAQ



AFGHANISTAN



BANGLADESH



SYRIA



KENYA



SENEGAL



PALESTINE



SRI LANKA



HAITI



SIERRA LEONE





ORPHAN FOOD BASKETS

Life for Relief and Development provided food baskets for orphans. Baskets were filled with essential items like rice, spaghetti, lentils, powdered milk, and cheese. The baskets were then handed out in Iraq, specifically, Erbil, Anbar, Baghdad, Samarra, Diala, Sulymaniah, Mosul, and Basra. A total of 1,298 orphans and their families were filled with joy and gratitude at the generous and much-needed gesture.





ORPHAN EID PARTIES

LIFE threw orphans Eid parties in 31 countries complete with new Eid clothes shopping, Eid gifts, decor, delicious food, and fun activities. The Eid parties were a source of joy, hope, and relief during these difficult economic times.



DIHAD 2022



The Dubai International Humanitarian Aid and Development conference's mission is to strengthen the means of implementation and revitalize the global partnership for sustainable development. LIFE sponsored the lanyards and coffee stands at the conference to increase awareness of the organization and provide support to the conference. In response, DIHAD awarded LIFE with a certificate of appreciation acknowledging LIFE's dedication to the greater goals and vision to end suffering in the world.





4,674,440

PEOPLE FED DURING RAMADAN

Ramadan is a holy month for Muslims in which they fast from sunrise to sunset. Unfortunately, there are many Muslims who are unable to eat even after the sun goes down. This past Ramadan, LIFE fed 4,674,440 hungry people in Afghanistan, Bangladesh, Bosnia, Egypt, Ethiopia, Ghana, Haiti, India, Indonesia, Iraq, Ivory Coast, Jordan, Kenya, Lebanon, Mali, Pakistan, Senegal, Sierra Leone, Somalia, Sudan, Syria, Uganda, West Bank/Gaza, Jerusalem, Yemen, and the U.S.



AFGHANISTAN



BANGLADESH

EGYPT



GAMBIA



ETHIOPIA



GAZA



GHANA



LEBANON



PAKISTAN



SIERRA LEONE



SRI LANKA



SYRIA



WEST BANK



SUDAN



INDONESIA



SENEGAL



IRAQ



JORDAN



KENYA



INDIA



BOSNIA



IVORY COAST



MALI



YEMEN



USA



A photograph of two children, a girl on the left and a boy on the right, both smiling and holding up white plastic bags. The bags have the word 'Life' in blue and 'UDHIYAH/QURBANI' printed on them. The background is a blurred outdoor setting with greenery and a building.

OVER 80,000

PEOPLE FED DURING UDHIYAH/QURBANI 2022

GIVING FRESH MEAT DURING UDHIYAH/QURBANI

Udhiyah/Qurbani is a few days a year when Muslims sacrifice a goat, cow, or sheep and give the meat to those in need. This past season, LIFE was able to provide 1553 sheep, 631 goats, and 533 cows to 17,191 families in 31 countries.



AFGHANISTAN



BOSNIA



BANGLADESH

GAMBIA



EGYPT



ETHIOPIA





GHANA



GAZA



MAURITANIA

INDONESIA

Life

WHERE THERE IS LIFE... THERE IS HOPE

**UDHIYAH /
QURBANI**

**FRESH MEAT
DISTRIBUTION**

INDONESIA

2022



PAKISTAN



INDIA





IVORY COAST



IRAQ



WEST BANK

SENEGAL



YEMEN



SRI LANKA





WINTER RELIEF

There are thousands of impoverished people globally who lack the resources to keep warm in the winter. That's why Life for Relief and Development started its Winter Relief project. This past year, through LIFE's Winter Relief Projects, winter coats for children, heavy winter blankets, firewood, and heating fuel for heating homes were distributed in countries such as Yemen, Iraq, Afghanistan, Lebanon, Bangladesh, Bosnia and Herzegovina, Syria, Jordan, West Bank, and Gaza.



IRAQ



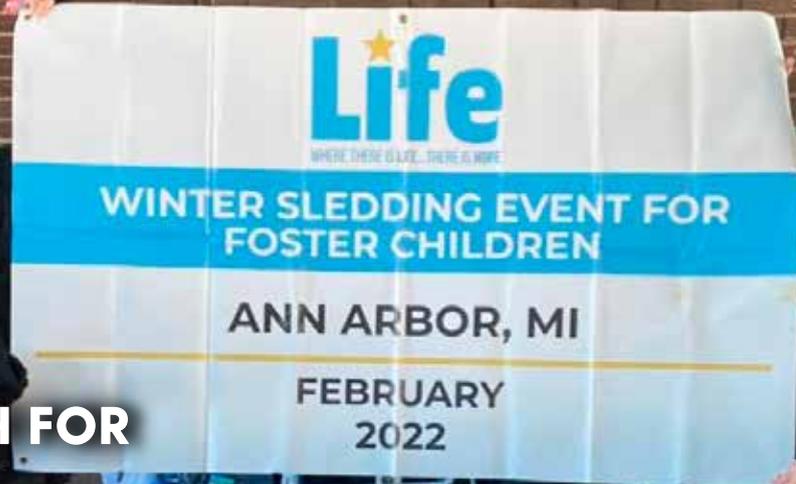
BANGLADESH



AFGHANISTAN



SYRIA



WINTER WARMTH FOR FOSTER CHILDREN

In February 2022, Life for Relief and Development sponsored a winter sledding event for over 100 foster care children in the Ann Arbor area. With the help of our partner, Michigan Foster Care Closet, LIFE distributed much-needed winter clothing, snow toys, and sleds. Children and their foster families enjoyed hot chocolate, coffee, and cookies at this fun and impactful event.

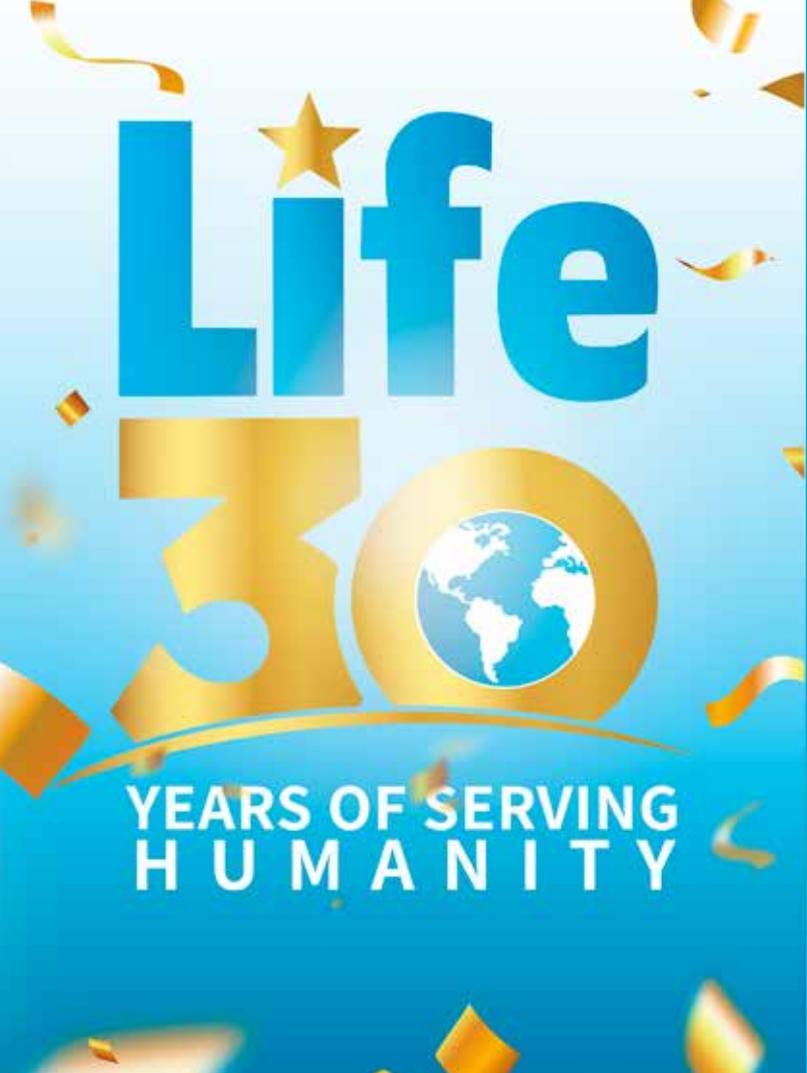


FUR COATS

IN PARTNERSHIP WITH PETA

To help Afghan refugees weather the harsh winter in Pakistan, Life for Relief and Development shipped PETA coats to two villages (Bhooja and Faridabad) and two refugee camps in the Manshera District. The coats from PETA gave warmth and hope to the people for a better tomorrow.





Life

30

YEARS OF SERVING
HUMANITY

30 YEARS OF SERVING HUMANITY

Our story began on Dec 17th, 1992, with a simple mission: to give humanitarian aid to those who need it most. Over the years, this grew into development projects that would enable communities worldwide to become self-sustained and empowered. Over the last 30 years, LIFE has supported vulnerable people across the globe during the complex operating context of war, and natural disasters, even through the recent COVID-19 pandemic.

LIFE has seen so much expansion from our humble beginning receiving tax-exempt status in 1993 and our first international office established in Baghdad, Iraq in 1997. LIFE has gone on to be granted Consultative Status with the Economic and Social Council of the United Nations in 1999, joined the InterAction, the largest umbrella organization of US-based NGO's in 2003, was awarded the Noble Humanitarian Award in the Middle East in 2010, and become registered with USAID in 2013.

This year, 2022, was our most incredible year of all. LIFE reached \$550 million in distributions in humanitarian aid and relief to over 55 countries, touching all continents on earth. With a four-star rating on the Charity Navigator and a GuideStar gold ranking, LIFE was recognized as the third of the top nine ranked charities in the USA.

We have come so far and owe our success, first and foremost to our donors, whose loyalty and trust have made everything possible. We also want to thank our partner charitable organizations, employees, and incredible community for their support.

WHERE THERE IS LIFE THERE IS HOPE

WHERE WE WORK

Afghanistan	Libya
Albania	Malawi
Algeria	Malaysia
Bangladesh	Mali
Bosnia	Mauritania
Canada	Mexico
Chechnya	Morocco
Djibouti	Nepal
Egypt	Niger
Eritrea	Nigeria
Ethiopia	Pakistan
Ghana	Palestine
Gambia	Philippines
Guatemala	Saudi Arabia
Guinea	Senegal
Guinea-Bissau	Sierra Leone
Haiti	Somalia
India	South Africa
Indonesia	Sri Lanka
Iraq	Sudan
Ivory Coast	Syria
Japan	Turkey
Jordan	UAE
Kashmir	Uganda
Kenya	USA
Kosovo	Yemen
Kyrgyzstan	Zambia
Lebanon	



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LIFE USA - NORTHEAST

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LIFE USA - SOUTHEAST

Falls Church, VA/DC Office :
210 E. Broad Street, Suite #
206, Falls Church, VA 22046

LIFE USA - SOUTHWEST

Dallas, TX Office :
17762 Preston Rd, Suite #
110, Dallas, TX 75252

LIFE USA - WEST

Anaheim, CA Office :
1811 W. Katella Ave, Ste # 237,
Anaheim, CA 92804

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**COMMUNITY COORDINATORS
NEEDED**

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FOR HUMANITARIAN AID

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**LIFE SUPPORTS
GIFT MATCHING!**

**ASK YOUR
EMPLOYER
TODAY!**

**VOLUNTEER
WITH LIFE**

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Life
WHERE THERE'S CLIFFS, THERE'S HOPE

**CHANGE A LIFE
IN 3 CLICKS**

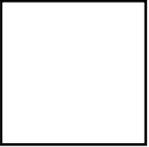


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Donations are U.S. Tax Exempt | ID #95-4402149



LIFE IS A PROUD RECIPIENT

Life has a **4-star Charity Navigator rating.**

This is the highest rating a Charity can receive and Life has an exceptional score of **96% out of 100%**. Donors can give with confidence to Life. Go to Charitynavigator.org to see Life's rating.